



Time

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Cambridge dictionary defines time as “the part of existence that is measured in minutes, days, years, etc., or this process considered as a whole.” Time is also a measuring unit, denotes progress and change. Time is valuable because once it’s passed, one can never retrieve it. Time can be seen as an arrow, piercing into the future, leaving the past behind.

Although time is a universal thing that moves us along, we often fail to remember it is also a social construct. Because it is socially constructed and given meaning to, time is understood differently. While Judaism and Christianity see time as linear—that there is a beginning of life (the holy creation of the universe) and there is also an end to it (Judgement day)—Eastern spiritual beliefs consider time somewhat more circular, where the beginning can also be the end. These two conceptions lead to different attitude towards time, with the former believing that time is limited and therefore a scarcity while the latter viewing it as continuously spiraling. There is not a better or more productive understanding of time as they have brought about different forms of development for the human race. What we often forget is to have respect to all various forms of treating time, as our incredibly mobile, technically driven societies tend to apply one framework and standard onto the way individuals operate.