

Number	Large category	Small category	JFS type/reference	number	Level	JF Can-do for Life in Japan	Communicative language activities
1	Going out	Using public transportation	JF	148	A1	Can look at notices and signs such as "Taxi Rank" and "East Exit" in a train station and check where the exit and taxi rank are.	reading comprehension
2	Going out	Using public transportation			A1	Can look at simple timetables, such as the ones at a bus stop, to check the name and direction of one's destination and the time of departure.	reading comprehension
3	Going out	Using public transportation			A1	Can look at route maps at a train station or bus stop to find the station for one's destination and the fare if they are relatively simple.	reading comprehension
4	Going out	Using public transportation	JF	147	A1	Can look at a ticket for a train, plane, etc. and find very basic pieces of information such as the departure time and seat number.	reading comprehension
5	Going out	Using public transportation			A1	Can ask the station employee or a person nearby on a station platform if the train that one is pointing at will go to the station one wants to go to and understand the answer if he/she answers slowly, clearly, and simply.	oral interaction
6	Going out	Using public transportation			A1	Can ask the station employee or a person nearby at a station from which platform the train to one's destination leaves and understand the answer if he/she answers slowly, clearly, and simply.	oral interaction
7	Going out	Using public transportation	JF	333	A1	Can ask a station employee the price of a ticket to one's destination, and understand the answer, if the surroundings are not too noisy and the speech is slow and clear.	oral interaction
8	Going out	Using public transportation	JF	335	A1	Can ask the bus driver if the bus will go to a certain bus stop, and understand the answer if the driver answers slowly, clearly, and simply.	oral interaction
9	Going out	Using public transportation			A1	Can listen to and understand very simple announcements, such as "The next stop is ..." and "The doors on the right side will open," on a train.	listening comprehension
10	Going out	Using public transportation			A1	Can ask a person sitting next to one or the driver in a train or bus in short simple terms, such as "Is the next stop ...?" or "Are we now at ...?" and understand the answer if he/she talks slowly and clearly.	oral interaction
11	Going out	Using public transportation			A1	Can say in short simple terms, such as "Excuse me" and "I'm getting off" when one wants to get off a train, bus, etc.	oral interaction
12	Going out	Using public transportation	JF	336	A1	Can show a taxi driver a note with one's destination written on it and tell him one's destination.	oral interaction
13	Going out	Using public transportation	JF	337	A1	Can ask a taxi driver in short simple terms how far it is to one's destination, and understand the reply if spoken to slowly and clearly.	oral interaction
14	Going out	Using public transportation	(JF)	339	A1	Can tell the place where one wants to get out in short simple terms, such as "Can you stop here, please?" when one takes a taxi or one's friend drives.	oral interaction
15	Going out	Using public transportation			A2	Can look at the search results of websites or applications, such as train transfer information, that one uses frequently in everyday life to find the necessary information, such as train times, stations where one should change trains, departure and arrival platforms, and arrival times.	reading comprehension
16	Going out	Using public transportation			A2	Can read notices on, for example, suspension or delays at, for example, a train station and bus stop, and more or less understand the contents.	reading comprehension
17	Going out	Using public transportation			A2	Can tell the station staff the necessary information, such as one's destination and the number of tickets one needs, when one buys Shinkansen or limited express train tickets at the ticket office of a station and answer simple questions from the staff.	oral interaction
18	Going out	Using public transportation	JF	322	A2	Can ask questions to the station employee, for example, about how to get to the destination, how to ride the train, etc., and understand a few simple answers.	oral interaction
19	Going out	Using public transportation	JF	101	A2	Can listen to and understand simple announcements about train arrivals and departures, train transfer information, etc. at a train station, inside a train, and at other places.	listening comprehension
20	Going out	Using public transportation			A2	Can ask the station employee or people nearby on a station platform, on a train, etc. about what happened when an accident, train delay, etc. is announced and understand the answer if they talk in short simple terms.	oral interaction
21	Going out	Using public transportation			A2	Can tell the station staff or bus crew about one's situation when one has lost one's ticket, forgot to take a numbered ticket, etc., such as on a train or bus and answer simple questions, such as where one got on the train or bus.	oral interaction
22	Going out	Walking around the town			A1	Can look at guide plate or simple maps, such as at a station or on the street, and check one's destination.	reading comprehension
23	Going out	Walking around the town			A1	Can look at the signboards of stores, companies, buildings, etc. to check whether they are the same as the name of one's destination written on the memo.	reading comprehension
24	Going out	Walking around the town			A1	Can look at and understand simple signs or signboards with illustrations on streets or in facilities, such as "No smoking" and "No entry."	reading comprehension
25	Going out	Walking around the town	JF	399	A1	Can ask someone nearby where one is now and where one's destination is, and when one is asked by someone, say the direction he/she should go, such as "Go right".	oral interaction
26	Going out	Walking around the town			A1	Can ask a person nearby whether the facility one is looking for when one is out is close by, for example, "Is there ... near here?" and understand the answer if he/she talks slowly and clearly.	oral interaction
27	Going out	Walking around the town	JF	431	A1	Can answer in very simple terms when asked very basic questions such as which country one is from and whether one is carrying one's passport, by a policeman in a train station, park, etc.	oral interaction
28	Going out	Walking around the town	JF	373	A2	Can ask someone or explain in short simple terms to get to one's destination when one is lost.	oral interaction
29	Going out	Walking around the town	JF	496	A2	Can start talking in short simple terms to someone who looks like he / she is in trouble, for example, someone who is lost, by asking "Are you OK?", "Shall we go there together?", etc.	oral interaction
30	Going out	Eating in restaurants			A1	Can look at the signs or displays and understand what kind of cafeteria or restaurant it is, if it serves dishes one is familiar with.	reading comprehension

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31	Going out	Eating in restaurants	JF	149	A1	Can look at a sign in front of a store or a restaurant, and find very basic pieces of information such as the business hours and holidays.	reading comprehension
32	Going out	Eating in restaurants	JF	168	A1	Can read notices on storefront windows about when the store will be closed, etc. and understand very basic pieces of information such as the fact that the store will be closed and for how long.	reading comprehension
33	Going out	Eating in restaurants	JF	348	A1	Can tell a waiter upon entering a restaurant the number of people and whether one wants a smoking or non-smoking table.	oral interaction
34	Going out	Eating in restaurants	JF	349	A1	Can reply when asked one's name, time of booking, etc. by a waiter at the entrance to a restaurant.	oral interaction
35	Going out	Eating in restaurants			A1	Can ask the waiter, for example, "Do you have a menu for vegetarians?" or "Do you have a nonsmoking table?" when one enters a restaurant, and understand the answer if he/she talks slowly and clearly.	oral interaction
36	Going out	Eating in restaurants	JF	169	A1	Can look at the menu in, for example, fast food restaurants, and understand some pieces of information, such as the names of food and drink one already knows.	reading comprehension
37	Going out	Eating in restaurants	JF	347	A1	Can order food or drink with simple expressions such as "this please" while pointing to a sample or a picture on a menu at a restaurant.	oral interaction
38	Going out	Eating in restaurants			A1	Can ask the waiter at a restaurant such as "What do you recommend?" and understand the answer if he/she points at the menu.	oral interaction
39	Going out	Eating in restaurants			A1	Can express one's wishes in short simple terms to the waiter at a restaurant, such as "Can I have a spoon?" or "Can I have a wet towel?"	oral interaction
40	Going out	Eating in restaurants	JF	350	A1	Can express one's wishes in short simple terms when asked by a waiter in a restaurant whether one would like a drink before or after the meal.	oral interaction
41	Going out	Eating in restaurants			A1	Can express one's wishes in short simple terms to the staff in a fast-food restaurant when asked whether to take the meal home or eat it there.	oral interaction
42	Going out	Eating in restaurants	JF	481	A2	Can read a menu from a Japanese restaurant and understand some information, such as the names of dishes, simple explanations of dishes, etc.	reading comprehension
43	Going out	Eating in restaurants			A2	Can ask questions to the waiter at a restaurant about, for example, the ingredients and taste of dishes (e.g. whether it is hot or not) and understand a few simple answers.	oral interaction
44	Going out	Eating in restaurants			A2	Can ask questions in short simple terms, such as "Can I have a large serving of rice?" or "Can you make it without ...?" when one places an order at a restaurant and understand a few simple answers.	oral interaction
45	Going out	Eating in restaurants	JF	323	A2	Can call a store and ask questions about, for example, directions or landmarks, and understand a few simple answers.	oral interaction
46	Going out	Eating in restaurants			A2	Can answer questions from the staff about one's name, phone number, date and time, the number of people, etc. when one makes a reservation for a place, such as a restaurant, on the phone if the speech is slow and clear.	oral interaction
47	Going out	Eating in restaurants			A2	Can answer questions from the staff about order items, one's name, phone number, address, etc. when one orders a food delivery on the phone if the speech is slow and clear.	oral interaction
48	Going out	Going shopping			A1	Can look at a floor guide at, for example, a supermarket or home improvement store to check which floor has what one wants to buy.	reading comprehension
49	Going out	Going shopping			A1	Can understand discount information displayed on products, such as "50% off" or "... discounted."	reading comprehension
50	Going out	Going shopping	JF	344	A1	Can call to a store clerk with expressions such as "excuse me" at a store, restaurant, etc.	oral interaction
51	Going out	Going shopping			A1	Can ask a clerk at, for example, a supermarket about where one can find what one wants to buy and understand the answer if he/she talks slowly and clearly.	oral interaction
52	Going out	Going shopping	(JF)	342	A1	Can ask at the information center of a large shopping mall or a department store on which floor one can find a particular type of product, and understand the answer if the speech is slow and clear.	oral interaction
53	Going out	Going shopping			A1	Can ask a clerk at, for example, a large shopping mall about the location of a restroom, an ATM, etc. and understand the answer if he/she talks slowly and clearly.	oral interaction
54	Going out	Going shopping	JF	345	A1	Can ask a shop assistant if it is OK to try on something using memorized phrases such as "Is it OK if I try this on?", and understand the reply if the speech is slow and clear.	oral interaction
55	Going out	Going shopping	(JF)	404	A1	Can ask a clerk the price of what you want to buy and understand the answer.	oral interaction
56	Going out	Going shopping	JF	343	A1	Can tell the store clerk of a store, market, etc. the name of the fruit or vegetable one wants and how many when shopping.	oral interaction
57	Going out	Going shopping			A1	Can answer in short simple terms, such as "Yes, please" or "No, thank you," when asked from a clerk at, for example, a convenience store, "Do you want this warmed up?" about box lunches or side dishes that one bought.	oral interaction
58	Going out	Going shopping			A1	Can answer when asked from a clerk if one needs chopsticks or a spoon at, for example, a convenience store.	oral interaction
59	Going out	Going shopping			A1	Can ask a clerk whether one can pay by credit card when one pays at a store and understand the answer if he/she talks slowly and clearly.	oral interaction
60	Going out	Going shopping			A1	Can look at receipts to check the price of each product and whether the prices are correct.	reading comprehension

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61	Going out	Going shopping			A2	Can look at food labels to find the necessary information, such as the ingredients, origin, and expiration date of products.	reading comprehension
62	Going out	Going shopping			A2	Can look at product information on the price card of electric appliances to find the necessary information, such as the country of manufacture, size, and function.	reading comprehension
63	Going out	Going shopping	JF	141	A2	Can look at short simple texts on store coupons, for example, and find the necessary information such as the coupons' expiration date and terms of use.	reading comprehension
64	Going out	Going shopping	(JF)	102	A2	Can listen to and understand simple in-store announcements at a large shopping mall, department store, etc. about closing time, special events, etc.	listening comprehension
65	Going out	Going shopping	(JF)	325	A2	Can ask questions to an information clerk or a clerk at a large shopping mall or department store about where to find what you want to buy and understand a few simple answers.	oral interaction
66	Going out	Going shopping			A2	Can describe the characteristics of the item one has lost and where one has lost it in short simple terms at, for example, an information center, when one has lost one's belongings at, for example, a large shopping mall.	oral interaction
67	Going out	Going shopping	(JF)	326	A2	Can ask questions to a clerk, for example, about whether they have the clothes displayed in the store in another color or size, for example, and understand a few simple answers.	oral interaction
68	Going out	Going shopping			A2	Can ask a clerk at a supermarket, convenience store, etc. questions about the ingredients, origin, expiration date of products, whether they are halal food, etc. and understand a few simple answers.	oral interaction
69	Going out	Going shopping			A2	Can tell a clerk the name and volume of items one wants to buy at a store selling by weight, such as a meat store, answer short simple questions from him/her, and/or express one's wishes.	oral interaction
70	Going out	Going shopping			A2	Can ask questions to a clerk at, for example, a home improvement store or electronics store, about whether they have any other colors, size, or cheaper ones of products in the store, and understand a few simple answers.	oral interaction
71	Going out	Going shopping			A2	Can ask about the accumulated points of one's point card and/or answer questions from a clerk whether to use one's points when one pays at a store.	oral interaction
72	Going out	Going shopping	JF	327	A2	Can ask in short simple terms a clerk in an electric appliance store, for example, for delivery arrangements for a product one purchased.	oral interaction
73	Going out	Using the post office or bank services			A1	Can tell a clerk at places, such as a post office or a convenience store, about the value and the number of stamps one wants to buy.	oral interaction
74	Going out	Using the post office or bank services			A1	Can express one's wishes to a post office worker at a post office using the phrases one has memorized, such as "By sea mail, please" or "I'd like to send it express."	oral interaction
75	Going out	Using the post office or bank services			A1	Can express one's wishes to a receptionist at a bank using the phrases one has memorized such as "I'd like to open an account" or "I'd like to transfer money."	oral interaction
76	Going out	Using the post office or bank services			A1	Can write one's basic information, such as one's address, name, telephone number, and date of birth, on applications for opening an account, transferring money at a bank, etc.	written interaction
77	Going out	Using the post office or bank services			A2	Can ask questions at a post office, convenience store, etc. about how to send a package, how much it is, etc. and understand a few simple answers.	oral interaction
78	Going out	Using the post office or bank services			A2	Can ask at a bank counter questions in short simple terms about how to fill out, for example, an account opening form or transfer request form and understand the answer if he/she talks slowly and clearly.	oral interaction
79	Going out	Using the post office or bank services			A2	Can ask a receptionist at a bank how to withdraw or transfer money from ATMs, and understand the explanation if he/she explains while operating the machines together.	oral interaction
80	Going out	Using public facilities	JF	175	A1	Can look at and understand very short signs one sees in daily life, such as "push" "pull" on doors or "entrance" "exit" in buildings.	reading comprehension
81	Going out	Using public facilities	JF	386	A1	Can give one's date of birth when asked for it at the city hall etc. for proof of one's identity.	oral interaction
82	Going out	Using public facilities	(JF)	341	A1	Can ask in short simple terms whether there is anyone available who speaks a language one understands, such as one's mother tongue, and listen to and understand the reply at, for example, a counter in government office.	oral interaction
83	Going out	Using public facilities	(JF)	453	A1	Can write on an application form of a library, sports center, etc. basic information about oneself, such as one's name, address, telephone number, and date of birth.	written interaction
84	Going out	Using public facilities			A2	Can listen to and understand simple instructions from staff, such as at a library about, for example, how to use the facility (e.g. how to check out books, due date, and precautions) if they talk slowly and clearly.	listening comprehension
85	Going out	Using public facilities			A2	Can listen to and understand simple instructions from staff, such as at a local gym about, for example, how to use the facility (e.g. how to use tools and clean up after use, and precautions) if they talk slowly and clearly.	listening comprehension
86	Going out	Using public facilities			A2	Can ask at the counter of a town hall about what kind of services to support foreigners are available, and understand a few simple answers.	oral interaction
87	Going out	Using public facilities	JF	319	A2	Can ask questions and understand some simple replies about where, on what day, and at what time community Japanese lessons take place, and how much they cost, at a counter in the town hall.	oral interaction
88	Going out	Using amusement facilities			A1	Can look at price lists at facilities, such as a movie theater and amusement park, to check the fees.	reading comprehension
89	Going out	Using amusement facilities	JF	331	A1	Can say the name of the movie, the number of tickets, etc. in order to buy tickets at, for example, a ticket window of a movie theater.	oral interaction
90	Going out	Using amusement facilities			A2	Can listen to simple announcements about cautions or manners from staff at, for example, an event venue and understand some pieces of information.	listening comprehension

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91	Going out	Using amusement facilities			A2	Can listen to and understand simple instructions about exhibits, such as in a museum, for example, when they were made and what they were used for.	listening comprehension
92	Going out	Using amusement facilities	JF	511	A2	Can ask the assistant questions and understand some simple answers about the times of events, places, etc. at an information counter in a theme park.	oral interaction
93	Going out	Using amusement facilities	JF	512	A2	Can ask the assistant questions and understand some simple answers about the programme, whether one can go in, etc. when one is late for the start of, for example, a concert or lecture.	oral interaction
94	Going out	Using tourist facilities	(JF)	340	A1	Can ask questions in short simple terms about means of transportation to one's destination while using visual aids, such as maps and notes, and understand the reply if the speech is slow and clear at, for example, a tourist information center.	oral interaction
95	Going out	Using tourist facilities			A1	Can look at an emergency evacuation map, such as in a hotel to understand the evacuation routes.	reading comprehension
96	Going out	Using tourist facilities			A1	Can ask whether the facility, such as a hotel or dormitory that one is going to move in, has the necessary equipment, and understand the answer if the speech is slow and clear.	oral interaction
97	Going out	Using tourist facilities			A2	Can answer questions from the staff of accommodations in short simple terms during one's trip about, for example, the purpose and plan of one's trip.	oral interaction
98	Going out	Using tourist facilities			A2	Can ask questions, such as at a tourist information center and the front desk of a hotel, about, for example, the area's famous food and the locations of good restaurants, and understand a few simple answers.	oral interaction
99	Going out	Using tourist facilities	(JF)	513	A2	Can say the activities one is interested in, the names of sightseeing spots one wants to go to, etc. in order to receive an introduction to a tour at a tourist information center, hotel reception counter, etc.	oral interaction
100	Going out	Participating in local events or activities	JF	146	A1	Can look at a poster about an event such as a famous festival of the area, and find very basic pieces of information such as the time and place.	reading comprehension
101	Going out	Participating in local events or activities	(JF)	107	A1	Can listen to and understand very simple announcements about a classroom change, time schedule change, etc. at the reception desk of a local Japanese language class, for example, if the speech is slow and clear.	listening comprehension
102	Going out	Participating in local events or activities	(JF)	209	A1	Can ask a person one has just met at, for example, a local meet-up his/her name, hometown, occupation, etc. or give such information when asked.	oral interaction
103	Going out	Participating in local events or activities			A1	Can ask people one just met at, for example, a local Japanese language class what their hobbies are in simple terms, and/or answer to such questions.	oral interaction
104	Going out	Participating in local events or activities	JF	455	A1	Can write one's name and country on, for example, a name card in Japanese characters when one introduces oneself.	written interaction
105	Going out	Participating in local events or activities			A2	Can read short simple notices for foreigners, such as in local public relations magazines, and understand some pieces of information about the venue, day and time, contents, etc. of a Japanese language class, exchange meeting, etc.	reading comprehension
106	Going out	Participating in local events or activities	(JF)	476	A2	Can look at a short simple text of, for example, a local event program and find the necessary information, such as the starting time and contents of the performances.	reading comprehension
107	Going out	Participating in local events or activities			A2	Can answer simple questions from the coordinator of a local Japanese language class in short simple terms, such as one's learning history and usage environment of Japanese language, and one's wishes about learning Japanese.	oral interaction
108	Going out	Participating in local events or activities			A2	Can make confirmations in short simple terms and/or receive instructions about what work one is responsible for and/or how to do the work when helping with events, such as a local festival.	oral interaction
109	Going out	Participating in local events or activities	JF	055	A2	Can give a short simple presentation describing of one's country, town, etc., to a group that is studying about one's country, for example, if one is allowed to occasionally look at one's notes.	oral production
110	Going out	Participating in local events or activities	JF	472	A2	Can give a short simple presentation on a well-known dish from one's country, such as what it is similar to and how you eat it, for example, at a study meeting about one's country.	oral production
111	Going out	Visiting a hair salon			A2	Can talk with a hairdresser at a hair salon about, for example, how one wants one's hair to be while looking at sample photos.	oral interaction
112	Going out	Visiting a dry cleaner			A1	Can look at signs or displays in front of a laundry to find very basic information, such as the type of clothes and their prices.	reading comprehension
113	Going out	Visiting a dry cleaner			A2	Can answer simple questions from a staff at a laundry about extra washing methods, for example, "Do you want to remove these stains?" or "Would you like deluxe cleaning?" when one takes one's clothes out to the laundry if he/she talks while showing actual items and the price list.	oral interaction
114	Going out	Visiting a medical facility			A1	Can look at the signboard of nearby private hospital or dentist to check the dates and hours of consultation.	reading comprehension
115	Going out	Visiting a medical facility			A1	Can answer basic questions, such as at the reception desk of a hospital about "Is this the first time you have been here?," "Do you have your insurance card?," etc.	oral interaction
116	Going out	Visiting a medical facility	JF	434	A1	Can answer whether something hurts or doesn't hurt during an examination by touch in a hospital examination room.	oral interaction
117	Going out	Visiting a medical facility	JF	105	A1	Can listen to and understand very simple instructions from the doctor, such as "get some rest" "take the medicine three times a day," if the speech is aimed directly at oneself and is slow and clear.	listening comprehension
118	Going out	Visiting a medical facility	JF	346	A1	Can reply in short simple terms when asked what type of medicine one would like, what size box one would like, etc. by a chemist in a chemist's shop.	oral interaction
119	Going out	Visiting a medical facility			A1	Can ask staff or nurses at the reception desk of a hospital in which room and on which floor the patient one is visiting is, and understand the answer if they talk slowly and clearly.	oral interaction
120	Going out	Visiting a medical facility			A2	Can answer questions on the questionnaire at the reception desk of a hospital, such as "What symptoms do you have?" and "When did the symptoms start?" if one can ask questions about, for example, what one does not understand.	written interaction

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121	Going out	Visiting a medical facility			A2	Can read short simple explanations of posters about diseases, such as in a hospital, and understand some pieces of information, such as the symptoms and treatment of prevalent diseases.	reading comprehension
122	Going out	Visiting a medical facility	JF	428	A2	Can answer in short simple terms simple questions, such as what hurts and how much, at a hospital or other facilities, if one can occasionally ask for repetition or explanation.	oral interaction
123	Going out	Visiting a medical facility			A2	Can tell a pharmacist about one's situation when one buys medicine at a pharmacy and answer simple questions about one's symptoms and the medicine.	oral interaction
124	Going out	Visiting a medical facility	JF	140	A2	Can look at short simple texts on, for example, a medicine package, and find the necessary information such as dosage and administration.	reading comprehension
125	Going out	Visiting a medical facility			A2	Can listen to and understand simple instructions from a pharmacist at a dispensing pharmacy about the efficacy, usage, dosage, etc. of medicine if he/she explains while showing the instructions.	listening comprehension
126	Going out	Preparing for or handling emergencies			A2	Can tell people nearby to call an ambulance when one suddenly feels sick, such as a severe stomachache.	oral interaction
127	Going out	Preparing for or handling emergencies			A2	Can tell people nearby to make an emergency call to 110 when one gets in unexpected trouble, such as an accident or purse snatching.	oral interaction
128	Going out	Preparing for or handling emergencies			A2	Can ask for help in short simple terms or respond to such request when one is involved in unexpected trouble, such as a theft or disaster.	oral interaction