

Number	Large category	Small category	JFS type/reference	number	Level	JF Can-do for Life in Japan	Communicative language activities
1	Going out	Using public transportation	JF	148	A1	Can look at notices and signs such as "Taxi Rank" and "East Exit" in a train station and check where the exit and taxi rank are.	reading comprehension
2	Going out	Using public transportation			A1	Can look at simple timetables, such as the ones at a bus stop, to check the name and direction of one's destination and the time of departure.	reading comprehension
3	Going out	Using public transportation			A1	Can look at route maps at a train station or bus stop to find the station for one's destination and the fare if they are relatively simple.	reading comprehension
4	Going out	Using public transportation	JF	147	A1	Can look at a ticket for a train, plane, etc. and find very basic pieces of information such as the departure time and seat number.	reading comprehension
5	Going out	Using public transportation			A1	Can ask the station employee or a person nearby on a station platform if the train that one is pointing at will go to the station one wants to go to and understand the answer if he/she answers slowly, clearly, and simply.	oral interaction
6	Going out	Using public transportation			A1	Can ask the station employee or a person nearby at a station from which platform the train to one's destination leaves and understand the answer if he/she answers slowly, clearly, and simply.	oral interaction
7	Going out	Using public transportation	JF	333	A1	Can ask a station employee the price of a ticket to one's destination, and understand the answer, if the surroundings are not too noisy and the speech is slow and clear.	oral interaction
8	Going out	Using public transportation	JF	335	A1	Can ask the bus driver if the bus will go to a certain bus stop, and understand the answer if the driver answers slowly, clearly, and simply.	oral interaction
9	Going out	Using public transportation			A1	Can listen to and understand very simple announcements, such as "The next stop is ..." and "The doors on the right side will open," on a train.	listening comprehension
10	Going out	Using public transportation			A1	Can ask a person sitting next to one or the driver in a train or bus in short simple terms, such as "Is the next stop ...?" or "Are we now at ...?" and understand the answer if he/she talks slowly and clearly.	oral interaction
11	Going out	Using public transportation			A1	Can say in short simple terms, such as "Excuse me" and "I'm getting off" when one wants to get off a train, bus, etc.	oral interaction
12	Going out	Using public transportation	JF	336	A1	Can show a taxi driver a note with one's destination written on it and tell him one's destination.	oral interaction
13	Going out	Using public transportation	JF	337	A1	Can ask a taxi driver in short simple terms how far it is to one's destination, and understand the reply if spoken to slowly and clearly.	oral interaction
14	Going out	Using public transportation	(JF)	339	A1	Can tell the place where one wants to get out in short simple terms, such as "Can you stop here, please?" when one takes a taxi or one's friend drives.	oral interaction
15	Going out	Using public transportation			A2	Can look at the search results of websites or applications, such as train transfer information, that one uses frequently in everyday life to find the necessary information, such as train times, stations where one should change trains, departure and arrival platforms, and arrival times.	reading comprehension
16	Going out	Using public transportation			A2	Can read notices on, for example, suspension or delays at, for example, a train station and bus stop, and more or less understand the contents.	reading comprehension
17	Going out	Using public transportation			A2	Can tell the station staff the necessary information, such as one's destination and the number of tickets one needs, when one buys Shinkansen or limited express train tickets at the ticket office of a station and answer simple questions from the staff.	oral interaction
18	Going out	Using public transportation	JF	322	A2	Can ask questions to the station employee, for example, about how to get to the destination, how to ride the train, etc., and understand a few simple answers.	oral interaction
19	Going out	Using public transportation	JF	101	A2	Can listen to and understand simple announcements about train arrivals and departures, train transfer information, etc. at a train station, inside a train, and at other places.	listening comprehension
20	Going out	Using public transportation			A2	Can ask the station employee or people nearby on a station platform, on a train, etc. about what happened when an accident, train delay, etc. is announced and understand the answer if they talk in short simple terms.	oral interaction
21	Going out	Using public transportation			A2	Can tell the station staff or bus crew about one's situation when one has lost one's ticket, forgot to take a numbered ticket, etc., such as on a train or bus and answer simple questions, such as where one got on the train or bus.	oral interaction
22	Going out	Walking around the town			A1	Can look at guide plate or simple maps, such as at a station or on the street, and check one's destination.	reading comprehension
23	Going out	Walking around the town			A1	Can look at the signboards of stores, companies, buildings, etc. to check whether they are the same as the name of one's destination written on the memo.	reading comprehension
24	Going out	Walking around the town			A1	Can look at and understand simple signs or signboards with illustrations on streets or in facilities, such as "No smoking" and "No entry."	reading comprehension
25	Going out	Walking around the town	JF	399	A1	Can ask someone nearby where one is now and where one's destination is, and when one is asked by someone, say the direction he/she should go, such as "Go right".	oral interaction
26	Going out	Walking around the town			A1	Can ask a person nearby whether the facility one is looking for when one is out is close by, for example, "Is there ... near here?" and understand the answer if he/she talks slowly and clearly.	oral interaction
27	Going out	Walking around the town	JF	431	A1	Can answer in very simple terms when asked very basic questions such as which country one is from and whether one is carrying one's passport, by a policeman in a train station, park, etc.	oral interaction
28	Going out	Walking around the town	JF	373	A2	Can ask someone or explain in short simple terms to get to one's destination when one is lost.	oral interaction
29	Going out	Walking around the town	JF	496	A2	Can start talking in short simple terms to someone who looks like he / she is in trouble, for example, someone who is lost, by asking "Are you OK?", "Shall we go there together?", etc.	oral interaction
30	Going out	Eating in restaurants			A1	Can look at the signs or displays and understand what kind of cafeteria or restaurant it is, if it serves dishes one is familiar with.	reading comprehension

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31	Going out	Eating in restaurants	JF	149	A1	Can look at a sign in front of a store or a restaurant, and find very basic pieces of information such as the business hours and holidays.	reading comprehension
32	Going out	Eating in restaurants	JF	168	A1	Can read notices on storefront windows about when the store will be closed, etc. and understand very basic pieces of information such as the fact that the store will be closed and for how long.	reading comprehension
33	Going out	Eating in restaurants	JF	348	A1	Can tell a waiter upon entering a restaurant the number of people and whether one wants a smoking or non-smoking table.	oral interaction
34	Going out	Eating in restaurants	JF	349	A1	Can reply when asked one's name, time of booking, etc. by a waiter at the entrance to a restaurant.	oral interaction
35	Going out	Eating in restaurants			A1	Can ask the waiter, for example, "Do you have a menu for vegetarians?" or "Do you have a nonsmoking table?" when one enters a restaurant, and understand the answer if he/she talks slowly and clearly.	oral interaction
36	Going out	Eating in restaurants	JF	169	A1	Can look at the menu in, for example, fast food restaurants, and understand some pieces of information, such as the names of food and drink one already knows.	reading comprehension
37	Going out	Eating in restaurants	JF	347	A1	Can order food or drink with simple expressions such as "this please" while pointing to a sample or a picture on a menu at a restaurant.	oral interaction
38	Going out	Eating in restaurants			A1	Can ask the waiter at a restaurant such as "What do you recommend?" and understand the answer if he/she points at the menu.	oral interaction
39	Going out	Eating in restaurants			A1	Can express one's wishes in short simple terms to the waiter at a restaurant, such as "Can I have a spoon?" or "Can I have a wet towel?"	oral interaction
40	Going out	Eating in restaurants	JF	350	A1	Can express one's wishes in short simple terms when asked by a waiter in a restaurant whether one would like a drink before or after the meal.	oral interaction
41	Going out	Eating in restaurants			A1	Can express one's wishes in short simple terms to the staff in a fast-food restaurant when asked whether to take the meal home or eat it there.	oral interaction
42	Going out	Eating in restaurants	JF	481	A2	Can read a menu from a Japanese restaurant and understand some information, such as the names of dishes, simple explanations of dishes, etc.	reading comprehension
43	Going out	Eating in restaurants			A2	Can ask questions to the waiter at a restaurant about, for example, the ingredients and taste of dishes (e.g. whether it is hot or not) and understand a few simple answers.	oral interaction
44	Going out	Eating in restaurants			A2	Can ask questions in short simple terms, such as "Can I have a large serving of rice?" or "Can you make it without ...?" when one places an order at a restaurant and understand a few simple answers.	oral interaction
45	Going out	Eating in restaurants	JF	323	A2	Can call a store and ask questions about, for example, directions or landmarks, and understand a few simple answers.	oral interaction
46	Going out	Eating in restaurants			A2	Can answer questions from the staff about one's name, phone number, date and time, the number of people, etc. when one makes a reservation for a place, such as a restaurant, on the phone if the speech is slow and clear.	oral interaction
47	Going out	Eating in restaurants			A2	Can answer questions from the staff about order items, one's name, phone number, address, etc. when one orders a food delivery on the phone if the speech is slow and clear.	oral interaction
48	Going out	Going shopping			A1	Can look at a floor guide at, for example, a supermarket or home improvement store to check which floor has what one wants to buy.	reading comprehension
49	Going out	Going shopping			A1	Can understand discount information displayed on products, such as "50% off" or "... discounted."	reading comprehension
50	Going out	Going shopping	JF	344	A1	Can call to a store clerk with expressions such as "excuse me" at a store, restaurant, etc.	oral interaction
51	Going out	Going shopping			A1	Can ask a clerk at, for example, a supermarket about where one can find what one wants to buy and understand the answer if he/she talks slowly and clearly.	oral interaction
52	Going out	Going shopping	(JF)	342	A1	Can ask at the information center of a large shopping mall or a department store on which floor one can find a particular type of product, and understand the answer if the speech is slow and clear.	oral interaction
53	Going out	Going shopping			A1	Can ask a clerk at, for example, a large shopping mall about the location of a restroom, an ATM, etc. and understand the answer if he/she talks slowly and clearly.	oral interaction
54	Going out	Going shopping	JF	345	A1	Can ask a shop assistant if it is OK to try on something using memorized phrases such as "Is it OK if I try this on?", and understand the reply if the speech is slow and clear.	oral interaction
55	Going out	Going shopping	(JF)	404	A1	Can ask a clerk the price of what you want to buy and understand the answer.	oral interaction
56	Going out	Going shopping	JF	343	A1	Can tell the store clerk of a store, market, etc. the name of the fruit or vegetable one wants and how many when shopping.	oral interaction
57	Going out	Going shopping			A1	Can answer in short simple terms, such as "Yes, please" or "No, thank you," when asked from a clerk at, for example, a convenience store, "Do you want this warmed up?" about box lunches or side dishes that one bought.	oral interaction
58	Going out	Going shopping			A1	Can answer when asked from a clerk if one needs chopsticks or a spoon at, for example, a convenience store.	oral interaction
59	Going out	Going shopping			A1	Can ask a clerk whether one can pay by credit card when one pays at a store and understand the answer if he/she talks slowly and clearly.	oral interaction
60	Going out	Going shopping			A1	Can look at receipts to check the price of each product and whether the prices are correct.	reading comprehension

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61	Going out	Going shopping			A2	Can look at food labels to find the necessary information, such as the ingredients, origin, and expiration date of products.	reading comprehension
62	Going out	Going shopping			A2	Can look at product information on the price card of electric appliances to find the necessary information, such as the country of manufacture, size, and function.	reading comprehension
63	Going out	Going shopping	JF	141	A2	Can look at short simple texts on store coupons, for example, and find the necessary information such as the coupons' expiration date and terms of use.	reading comprehension
64	Going out	Going shopping	(JF)	102	A2	Can listen to and understand simple in-store announcements at a large shopping mall, department store, etc. about closing time, special events, etc.	listening comprehension
65	Going out	Going shopping	(JF)	325	A2	Can ask questions to an information clerk or a clerk at a large shopping mall or department store about where to find what you want to buy and understand a few simple answers.	oral interaction
66	Going out	Going shopping			A2	Can describe the characteristics of the item one has lost and where one has lost it in short simple terms at, for example, an information center, when one has lost one's belongings at, for example, a large shopping mall.	oral interaction
67	Going out	Going shopping	(JF)	326	A2	Can ask questions to a clerk, for example, about whether they have the clothes displayed in the store in another color or size, for example, and understand a few simple answers.	oral interaction
68	Going out	Going shopping			A2	Can ask a clerk at a supermarket, convenience store, etc. questions about the ingredients, origin, expiration date of products, whether they are halal food, etc. and understand a few simple answers.	oral interaction
69	Going out	Going shopping			A2	Can tell a clerk the name and volume of items one wants to buy at a store selling by weight, such as a meat store, answer short simple questions from him/her, and/or express one's wishes.	oral interaction
70	Going out	Going shopping			A2	Can ask questions to a clerk at, for example, a home improvement store or electronics store, about whether they have any other colors, size, or cheaper ones of products in the store, and understand a few simple answers.	oral interaction
71	Going out	Going shopping			A2	Can ask about the accumulated points of one's point card and/or answer questions from a clerk whether to use one's points when one pays at a store.	oral interaction
72	Going out	Going shopping	JF	327	A2	Can ask in short simple terms a clerk in an electric appliance store, for example, for delivery arrangements for a product one purchased.	oral interaction
73	Going out	Using the post office or bank services			A1	Can tell a clerk at places, such as a post office or a convenience store, about the value and the number of stamps one wants to buy.	oral interaction
74	Going out	Using the post office or bank services			A1	Can express one's wishes to a post office worker at a post office using the phrases one has memorized, such as "By sea mail, please" or "I'd like to send it express."	oral interaction
75	Going out	Using the post office or bank services			A1	Can express one's wishes to a receptionist at a bank using the phrases one has memorized such as "I'd like to open an account" or "I'd like to transfer money."	oral interaction
76	Going out	Using the post office or bank services			A1	Can write one's basic information, such as one's address, name, telephone number, and date of birth, on applications for opening an account, transferring money at a bank, etc.	written interaction
77	Going out	Using the post office or bank services			A2	Can ask questions at a post office, convenience store, etc. about how to send a package, how much it is, etc. and understand a few simple answers.	oral interaction
78	Going out	Using the post office or bank services			A2	Can ask at a bank counter questions in short simple terms about how to fill out, for example, an account opening form or transfer request form and understand the answer if he/she talks slowly and clearly.	oral interaction
79	Going out	Using the post office or bank services			A2	Can ask a receptionist at a bank how to withdraw or transfer money from ATMs, and understand the explanation if he/she explains while operating the machines together.	oral interaction
80	Going out	Using public facilities	JF	175	A1	Can look at and understand very short signs one sees in daily life, such as "push" "pull" on doors or "entrance" "exit" in buildings.	reading comprehension
81	Going out	Using public facilities	JF	386	A1	Can give one's date of birth when asked for it at the city hall etc. for proof of one's identity.	oral interaction
82	Going out	Using public facilities	(JF)	341	A1	Can ask in short simple terms whether there is anyone available who speaks a language one understands, such as one's mother tongue, and listen to and understand the reply at, for example, a counter in government office.	oral interaction
83	Going out	Using public facilities	(JF)	453	A1	Can write on an application form of a library, sports center, etc. basic information about oneself, such as one's name, address, telephone number, and date of birth.	written interaction
84	Going out	Using public facilities			A2	Can listen to and understand simple instructions from staff, such as at a library about, for example, how to use the facility (e.g. how to check out books, due date, and precautions) if they talk slowly and clearly.	listening comprehension
85	Going out	Using public facilities			A2	Can listen to and understand simple instructions from staff, such as at a local gym about, for example, how to use the facility (e.g. how to use tools and clean up after use, and precautions) if they talk slowly and clearly.	listening comprehension
86	Going out	Using public facilities			A2	Can ask at the counter of a town hall about what kind of services to support foreigners are available, and understand a few simple answers.	oral interaction
87	Going out	Using public facilities	JF	319	A2	Can ask questions and understand some simple replies about where, on what day, and at what time community Japanese lessons take place, and how much they cost, at a counter in the town hall.	oral interaction
88	Going out	Using amusement facilities			A1	Can look at price lists at facilities, such as a movie theater and amusement park, to check the fees.	reading comprehension
89	Going out	Using amusement facilities	JF	331	A1	Can say the name of the movie, the number of tickets, etc. in order to buy tickets at, for example, a ticket window of a movie theater.	oral interaction
90	Going out	Using amusement facilities			A2	Can listen to simple announcements about cautions or manners from staff at, for example, an event venue and understand some pieces of information.	listening comprehension

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91	Going out	Using amusement facilities			A2	Can listen to and understand simple instructions about exhibits, such as in a museum, for example, when they were made and what they were used for.	listening comprehension
92	Going out	Using amusement facilities	JF	511	A2	Can ask the assistant questions and understand some simple answers about the times of events, places, etc. at an information counter in a theme park.	oral interaction
93	Going out	Using amusement facilities	JF	512	A2	Can ask the assistant questions and understand some simple answers about the programme, whether one can go in, etc. when one is late for the start of, for example, a concert or lecture.	oral interaction
94	Going out	Using tourist facilities	(JF)	340	A1	Can ask questions in short simple terms about means of transportation to one's destination while using visual aids, such as maps and notes, and understand the reply if the speech is slow and clear at, for example, a tourist information center.	oral interaction
95	Going out	Using tourist facilities			A1	Can look at an emergency evacuation map, such as in a hotel to understand the evacuation routes.	reading comprehension
96	Going out	Using tourist facilities			A1	Can ask whether the facility, such as a hotel or dormitory that one is going to move in, has the necessary equipment, and understand the answer if the speech is slow and clear.	oral interaction
97	Going out	Using tourist facilities			A2	Can answer questions from the staff of accommodations in short simple terms during one's trip about, for example, the purpose and plan of one's trip.	oral interaction
98	Going out	Using tourist facilities			A2	Can ask questions, such as at a tourist information center and the front desk of a hotel, about, for example, the area's famous food and the locations of good restaurants, and understand a few simple answers.	oral interaction
99	Going out	Using tourist facilities	(JF)	513	A2	Can say the activities one is interested in, the names of sightseeing spots one wants to go to, etc. in order to receive an introduction to a tour at a tourist information center, hotel reception counter, etc.	oral interaction
100	Going out	Participating in local events or activities	JF	146	A1	Can look at a poster about an event such as a famous festival of the area, and find very basic pieces of information such as the time and place.	reading comprehension
101	Going out	Participating in local events or activities	(JF)	107	A1	Can listen to and understand very simple announcements about a classroom change, time schedule change, etc. at the reception desk of a local Japanese language class, for example, if the speech is slow and clear.	listening comprehension
102	Going out	Participating in local events or activities	(JF)	209	A1	Can ask a person one has just met at, for example, a local meet-up his/her name, hometown, occupation, etc. or give such information when asked.	oral interaction
103	Going out	Participating in local events or activities			A1	Can ask people one just met at, for example, a local Japanese language class what their hobbies are in simple terms, and/or answer to such questions.	oral interaction
104	Going out	Participating in local events or activities	JF	455	A1	Can write one's name and country on, for example, a name card in Japanese characters when one introduces oneself.	written interaction
105	Going out	Participating in local events or activities			A2	Can read short simple notices for foreigners, such as in local public relations magazines, and understand some pieces of information about the venue, day and time, contents, etc. of a Japanese language class, exchange meeting, etc.	reading comprehension
106	Going out	Participating in local events or activities	(JF)	476	A2	Can look at a short simple text of, for example, a local event program and find the necessary information, such as the starting time and contents of the performances.	reading comprehension
107	Going out	Participating in local events or activities			A2	Can answer simple questions from the coordinator of a local Japanese language class in short simple terms, such as one's learning history and usage environment of Japanese language, and one's wishes about learning Japanese.	oral interaction
108	Going out	Participating in local events or activities			A2	Can make confirmations in short simple terms and/or receive instructions about what work one is responsible for and/or how to do the work when helping with events, such as a local festival.	oral interaction
109	Going out	Participating in local events or activities	JF	055	A2	Can give a short simple presentation describing of one's country, town, etc., to a group that is studying about one's country, for example, if one is allowed to occasionally look at one's notes.	oral production
110	Going out	Participating in local events or activities	JF	472	A2	Can give a short simple presentation on a well-known dish from one's country, such as what it is similar to and how you eat it, for example, at a study meeting about one's country.	oral production
111	Going out	Visiting a hair salon			A2	Can talk with a hairdresser at a hair salon about, for example, how one wants one's hair to be while looking at sample photos.	oral interaction
112	Going out	Visiting a dry cleaner			A1	Can look at signs or displays in front of a laundry to find very basic information, such as the type of clothes and their prices.	reading comprehension
113	Going out	Visiting a dry cleaner			A2	Can answer simple questions from a staff at a laundry about extra washing methods, for example, "Do you want to remove these stains?" or "Would you like deluxe cleaning?" when one takes one's clothes out to the laundry if he/she talks while showing actual items and the price list.	oral interaction
114	Going out	Visiting a medical facility			A1	Can look at the signboard of nearby private hospital or dentist to check the dates and hours of consultation.	reading comprehension
115	Going out	Visiting a medical facility			A1	Can answer basic questions, such as at the reception desk of a hospital about "Is this the first time you have been here?," "Do you have your insurance card?," etc.	oral interaction
116	Going out	Visiting a medical facility	JF	434	A1	Can answer whether something hurts or doesn't hurt during an examination by touch in a hospital examination room.	oral interaction
117	Going out	Visiting a medical facility	JF	105	A1	Can listen to and understand very simple instructions from the doctor, such as "get some rest" "take the medicine three times a day," if the speech is aimed directly at oneself and is slow and clear.	listening comprehension
118	Going out	Visiting a medical facility	JF	346	A1	Can reply in short simple terms when asked what type of medicine one would like, what size box one would like, etc. by a chemist in a chemist's shop.	oral interaction
119	Going out	Visiting a medical facility			A1	Can ask staff or nurses at the reception desk of a hospital in which room and on which floor the patient one is visiting is, and understand the answer if they talk slowly and clearly.	oral interaction
120	Going out	Visiting a medical facility			A2	Can answer questions on the questionnaire at the reception desk of a hospital, such as "What symptoms do you have?" and "When did the symptoms start?" if one can ask questions about, for example, what one does not understand.	written interaction

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121	Going out	Visiting a medical facility			A2	Can read short simple explanations of posters about diseases, such as in a hospital, and understand some pieces of information, such as the symptoms and treatment of prevalent diseases.	reading comprehension
122	Going out	Visiting a medical facility	JF	428	A2	Can answer in short simple terms simple questions, such as what hurts and how much, at a hospital or other facilities, if one can occasionally ask for repetition or explanation.	oral interaction
123	Going out	Visiting a medical facility			A2	Can tell a pharmacist about one's situation when one buys medicine at a pharmacy and answer simple questions about one's symptoms and the medicine.	oral interaction
124	Going out	Visiting a medical facility	JF	140	A2	Can look at short simple texts on, for example, a medicine package, and find the necessary information such as dosage and administration.	reading comprehension
125	Going out	Visiting a medical facility			A2	Can listen to and understand simple instructions from a pharmacist at a dispensing pharmacy about the efficacy, usage, dosage, etc. of medicine if he/she explains while showing the instructions.	listening comprehension
126	Going out	Preparing for or handling emergencies			A2	Can tell people nearby to call an ambulance when one suddenly feels sick, such as a severe stomachache.	oral interaction
127	Going out	Preparing for or handling emergencies			A2	Can tell people nearby to make an emergency call to 110 when one gets in unexpected trouble, such as an accident or purse snatching.	oral interaction
128	Going out	Preparing for or handling emergencies			A2	Can ask for help in short simple terms or respond to such request when one is involved in unexpected trouble, such as a theft or disaster.	oral interaction
129	Living	Listening and speaking in daily life	JF	220	A1	Can make basic greetings appropriate to the time of day to a friend or a neighbor.	oral interaction
130	Living	Listening and speaking in daily life	JF	221	A1	Can greet a friend or a neighbor by mentioning the day's weather with basic expressions such as "it's a fine day today" "it's hot, isn't it?"	oral interaction
131	Living	Listening and speaking in daily life	JF	222	A1	Can thank someone using expressions such as "thank you" when one was helped or was treated kindly.	oral interaction
132	Living	Listening and speaking in daily life	JF	401	A1	Can tell a friend one is with in short simple terms such as "I've lost my key" and "I don't have my key" when one loses something valuable, for example, one's key or wallet.	oral interaction
133	Living	Listening and speaking in daily life	JF	400	A1	Can say in short simple terms where one is by telephone, when one's friend comes to meet one.	oral interaction
134	Living	Listening and speaking in daily life			A1	Can exchange basic greetings with friends, such as "Thank you for coming" and "Thank you for having me" when one's friend comes to one's house or one visits one's friend's place.	oral interaction
135	Living	Listening and speaking in daily life	JF	389	A1	Can ask and answer where the toilet is at a friend's home.	oral interaction
136	Living	Listening and speaking in daily life	JF	205	A1	Can ask or answer a friend about who is in the photo or where it was taken, while looking at the photos displayed in the room.	oral interaction
137	Living	Listening and speaking in daily life	JF	207	A1	Can exchange basic pleasantries such as "Here's your tea" and "Thank you" when offering and being offered food and drink.	oral interaction
138	Living	Listening and speaking in daily life	JF	226	A1	Can offer a friend a seat and respond when offered a seat using short, simple terms such as "Have a seat" and "Thank you very much", when a friend visits one's home.	oral interaction
139	Living	Listening and speaking in daily life			A1	Can give instructions in short simple terms such as where to put dishes and cooking utensils, and respond to such instructions if they talk slowly and clearly, when cleaning up after cooking at a gathering with friends.	oral interaction
140	Living	Listening and speaking in daily life			A1	Can exchange basic greetings with friends, such as "Please take care on the way home" or "Thank you for having me" when one's friend leaves for home from one's place and/or one does that.	oral interaction
141	Living	Listening and speaking in daily life	JF	408	A1	Can ask a friend questions about what food he/she likes and answer questions about what food one likes, while having a meal together.	oral interaction
142	Living	Listening and speaking in daily life	JF	409	A1	Can ask a friend in very simple terms and answer questions about what kind of restaurant to eat at when going out for a meal together.	oral interaction
143	Living	Listening and speaking in daily life	JF	397	A1	Can ask a friend questions in very simple terms and answer questions about when is convenient, when, for example, deciding the day and time for a meal.	oral interaction
144	Living	Listening and speaking in daily life	JF	407	A1	Can answer what food one likes and dislikes when invited to a meal.	oral interaction
145	Living	Listening and speaking in daily life	JF	027	A1	Can introduce in short terms such as "it is fish" "it is hot" to a friend the flavor and ingredients of a dish one cooked.	oral production
146	Living	Listening and speaking in daily life	JF	291	A1	Can listen to and understand very simple instructions such as "cut this way" from a friend one is cooking with, if the friend demonstrates and talks slowly and clearly, and check with phrases such as "is this okay?"	oral interaction
147	Living	Listening and speaking in daily life	JF	216	A1	Can make simple comments such as "this is good" or ask for comments while sharing a meal with a friend.	oral interaction
148	Living	Listening and speaking in daily life	(JF)	406	A1	Can ask and/or answer questions in short simple terms to a friend about where to find a product that one wants to buy, such as everyday items.	oral interaction
149	Living	Listening and speaking in daily life	JF	215	A1	Can make comments in short simple terms such as "How cute" and "I want that" when shopping with a friend.	oral interaction
150	Living	Listening and speaking in daily life			A1	Can make comments in short simple terms, such as "It is beautiful" or "It is a lively store" when being guided around a town.	oral interaction

Number	Large category	Small category	JFS type/reference	number	Level	JF Can-do for Life in Japan	Communicative language activities
151	Living	Listening and speaking in daily life	JF	395	A1	Can ask a friend for the time when one has forgotten his/her watch, or give the time when asked.	oral interaction
152	Living	Listening and speaking in daily life	JF	223	A1	Can apologize using expressions such as "I'm sorry" when one was late or caused trouble.	oral interaction
153	Living	Listening and speaking in daily life			A1	Can thank friends whom one went out with such as "Thank you so much for today," when one parts from them.	oral interaction
154	Living	Listening and speaking in daily life	JF	219	A1	Can ask a friend in simple terms whether he/she would like breakfast, and what he/she would like to eat and drink, while chatting with friends.	oral interaction
155	Living	Listening and speaking in daily life	JF	214	A1	Can ask a friend in short simple terms about when he/she gets up and goes to bed, and answer questions about when one gets up and goes to bed.	oral interaction
156	Living	Listening and speaking in daily life			A1	Can introduce one's house in simple terms, such as "I live in a flat" or "It is a little old" when one is asked by such as a friend about what kind of house one lives in.	oral interaction
157	Living	Listening and speaking in daily life	JF	206	A1	Can ask a friend questions and answer his/her questions in simple terms about how old people are and what their jobs are while showing each other family photographs.	oral interaction
158	Living	Listening and speaking in daily life	JF	026	A1	Can ask a friend in simple terms what daily activities he/she does and at what time.	oral production
159	Living	Listening and speaking in daily life	(JF)	212	A1	Can ask a friend or neighbor where he/she went on his/her day off, and/or answer such questions while making simple comments, such as "I had a good time."	oral interaction
160	Living	Listening and speaking in daily life	JF	208	A1	Can ask a friend or neighbor whether he/she will be going somewhere for the holidays such as new years or summer vacation, or answer that when asked.	oral interaction
161	Living	Listening and speaking in daily life	JF	391	A1	Can ask a friend whether he/she has time on the weekend, or answer that when asked.	oral interaction
162	Living	Listening and speaking in daily life	JF	410	A1	Can ask or tell a friend what he/she wants for his/her next birthday.	oral interaction
163	Living	Listening and speaking in daily life			A1	Can give basic greetings to neighbors, such as when one moves to a new place, for example, "I am your new neighbor" and "Nice to meet you."	oral interaction
164	Living	Listening and speaking in daily life			A1	Can thank neighbors using expressions such as "Thank you for everything" and "Thank you." when one moves.	oral interaction
165	Living	Listening and speaking in daily life	JF	387	A1	Can ask a neighbor which day of the week one can dispose of a certain kind of garbage while actually showing it to the neighbor at the apartment's garbage collection site, and understand the answer if the neighbor answers slowly, clearly, and simply.	oral interaction
166	Living	Listening and speaking in daily life	JF	492	A2	Can talk in short simple terms about the temperature or weather when greeting one's friends or neighbours.	oral interaction
167	Living	Listening and speaking in daily life	JF	487	A2	Can ask a friend who does not look well in short simple terms "What's the matter?", etc.	oral interaction
168	Living	Listening and speaking in daily life	JF	545	A2	Can talk in short simple terms about a mutual friend's appearance, such as "I'm a bit worried about him / her", "He / She looks well", etc. when chatting with a friend.	oral interaction
169	Living	Listening and speaking in daily life	JF	483	A2	Can apologise and give reasons in short simple terms when one is late meeting a friend, cannot keep a promise, etc.	oral interaction
170	Living	Listening and speaking in daily life	JF	203	A2	Can greet with basic expressions a friend's family, etc. at their home, and talk in short simple terms about one's recent news and other topics.	oral interaction
171	Living	Listening and speaking in daily life			A2	Can comment, and ask and / or answer questions in short simple terms in a conversation with friends about, for example, the surroundings and characteristics of the area where one lives.	oral interaction
172	Living	Listening and speaking in daily life			A2	Can comment, and ask and / or answer questions in short simple terms in a conversation with friends about hobbies or what to do on holidays.	oral interaction
173	Living	Listening and speaking in daily life			A2	Can tell friends in short simple terms such as "Shall we go somewhere this weekend?" in order to invite to go out, and/or respond to their invitation.	oral interaction
174	Living	Listening and speaking in daily life	JF	549	A2	Can tell a friend in short simple terms the day and time of an event, ask him / her if he / she would like to go, and answer whether one would like to go, in order to invite a friend to an event.	oral interaction
175	Living	Listening and speaking in daily life	JF	251	A2	Can discuss in short simple terms destinations, time schedules, etc. to go out or go on a trip with friends.	oral interaction
176	Living	Listening and speaking in daily life	JF	247	A2	Can discuss in short simple terms what movie to see at what time, etc. to go see a movie with friends on the weekend.	oral interaction
177	Living	Listening and speaking in daily life	(JF)	248	A2	Can discuss in short simple terms, for example, the meeting spot place and time to go out with a friend.	oral interaction
178	Living	Listening and speaking in daily life			A2	Can tell the driver which way to go in simple terms when the car is approaching the destination if one is familiar with the place.	oral interaction
179	Living	Listening and speaking in daily life			A2	Can discuss, such as what to do next and where to go, in short simple terms while being out with friends.	oral interaction
180	Living	Listening and speaking in daily life			A2	Can ask friends questions and/or answer questions from them in short simple terms about recommended places for leisure, for example, where they are, what they have, and what one can do there, such as before a holiday.	oral interaction

Number	Large category	Small category	JFS type/reference	number	Level	JF Can-do for Life in Japan	Communicative language activities
181	Living	Listening and speaking in daily life	JF	515	A2	Can tell a friend in short simple terms or ask questions about things that are not allowed, such as taking photographs and eating and drinking, and the reason for this, at a museum, art gallery, etc.	oral interaction
182	Living	Listening and speaking in daily life	JF	544	A2	Can shout encouragement for a team you support in short simple terms, such as "Try harder!", "Come on. Keep going!", etc. while watching a sports game.	oral interaction
183	Living	Listening and speaking in daily life	(JF)	372	A2	Can ask for and/or give simple information to a friend about the results, details, etc. of a sports game one is interested in.	oral interaction
184	Living	Listening and speaking in daily life	JF	250	A2	Can make comments, and ask and answer questions in short simple terms about the good points after a concert, exhibition, etc. with a friend.	oral interaction
185	Living	Listening and speaking in daily life			A2	Can comment, and ask and / or answer questions in short simple terms in a conversation with friends about what one was impressed by, what one did not understand, etc. after, for example, watching a movie or sports game.	oral interaction
186	Living	Listening and speaking in daily life			A2	Can ask friends questions and/or answer questions from them in short simple terms about stores and amusement facilities one wants to visit, for example, whether they have ever been there or what the places are like.	oral interaction
187	Living	Listening and speaking in daily life	(JF)	503	A2	Can ask and/or answer questions about simple information such as to whether one's friend has been to the place where one wants to go and whether he/she is interested in such a place, etc. in order to invite him/her to go there.	oral interaction
188	Living	Listening and speaking in daily life	JF	518	A2	Can ask a friend questions and / or answer questions in short simple terms about a place one is thinking of going on a trip to, such as whether one has been there before, what kind of place it is, etc.	oral interaction
189	Living	Listening and speaking in daily life	JF	520	A2	Can ask a friend who has been to a tourist site one is planning on going to for simple information and / or answer questions in short simple terms about the place, such as what one's impressions were and how one got there.	oral interaction
190	Living	Listening and speaking in daily life			A2	Can comment, and ask and / or answer questions in short simple terms in a conversation with friends, for example, where one wants to visit in Japan, what one wants to eat, and the reasons.	oral interaction
191	Living	Listening and speaking in daily life			A2	Can ask friends questions and/or answer questions from them about simple information of the dishes one wants to eat, for example, where one can eat them, and how much they are.	oral interaction
192	Living	Listening and speaking in daily life	JF	522	A2	Can ask and / or answer questions about simple information, such as the taste and ingredients of dishes one recommends to a friend in, for example, a restaurant.	oral interaction
193	Living	Listening and speaking in daily life	JF	489	A2	Can discuss in short simple terms one's impressions of the appearance and taste of food, such as "It's spicy and delicious", "It's like...", etc., when having a meal with friends or colleagues.	oral interaction
194	Living	Listening and speaking in daily life	(JF)	502	A2	Can discuss in short simple terms what food and drink each person should take to, for example, a potluck party with friends.	oral interaction
195	Living	Listening and speaking in daily life	JF	523	A2	Can explain to a friend in short simple terms and / or answer questions about how to eat a dish, what kind of things one should be careful of when eating a dish, etc. when eating food from one's own country.	oral interaction
196	Living	Listening and speaking in daily life			A2	Can discuss with friends in short simple terms what to cook, what they need, etc. to cook simple dishes.	oral interaction
197	Living	Listening and speaking in daily life	(JF)	377	A2	Can ask a friend questions and/or provide simple information in response to questions about a shop where one can buy food from one's country, such as its name, opening time, location, what food it sells, etc.	oral interaction
198	Living	Listening and speaking in daily life	(JF)	379	A2	Can ask a friend questions and/or provide simple information in response to questions about food that one and one's friend are used to cooking, such as the ingredients used.	oral interaction
199	Living	Listening and speaking in daily life	JF	281	A2	Can make confirmations and give or take directions in simple terms in order to cook with friends.	oral interaction
200	Living	Listening and speaking in daily life	JF	378	A2	Can ask a friend questions and answer questions in short simple terms about simple information such as what 1,000 yen corresponds to and what you can buy with it.	oral interaction
201	Living	Listening and speaking in daily life	(JF)	376	A2	Can get simple information from a friend who has a product one wants, such as a new smartphone, about the price, the store where he/she bought it, his/her impressions of it, etc.	oral interaction
202	Living	Listening and speaking in daily life	JF	501	A2	Can discuss with a friend in short simple terms what one thinks of a product, which product one thinks is better compared to another product, etc. while looking at an online shopping website in order to buy something.	oral interaction
203	Living	Listening and speaking in daily life	JF	498	A2	Can make comments and / or ask and answer questions in short simple terms about someone's appearance, the impression he / she gives, etc. while looking at, for example, a magazine with a friend.	oral interaction
204	Living	Listening and speaking in daily life			A2	Can explain one's situation to friends in short simple terms to ask them to go out with one to help with buying what one wants that requires complex interaction with a clerk, such as electric appliances.	oral interaction
205	Living	Listening and speaking in daily life			A2	Can understand a general idea of simple explanations from, for example, a friend about how to use a washing machine, rice cooker, remote control, etc. while actually looking at them.	listening comprehension
206	Living	Listening and speaking in daily life			A2	Can explain one's situation to friends or neighbors in short simple terms to ask for what one needs, such as a cart or a bicycle pump, when one needs such particular things.	oral interaction
207	Living	Listening and speaking in daily life			A2	Can comment, and ask and / or answer questions in short simple terms in a conversation with friends about the names of recommended websites or applications and the reasons.	oral interaction
208	Living	Listening and speaking in daily life	JF	499	A2	Can ask a friend questions and / or answer questions and make comments in short simple terms about a famous person one likes, such as who one likes and what one likes about him / her.	oral interaction
209	Living	Listening and speaking in daily life			A2	Can ask friends questions and/or answer their questions about simple information, such as the date and time, participation fees, contents of, for example, hobby classes or events held in one's area.	oral interaction
210	Living	Listening and speaking in daily life	(JF)	375	A2	Can ask for and/or give simple information to a friend about a neighborhood hospital, such as the location and a description of the office.	oral interaction

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211	Living	Listening and speaking in daily life			A2	Can talk with a friend who is in a hospital in short simple terms in his/her hospital room, for example, how he/she is feeling and whether he/she is getting better.	oral interaction
212	Living	Listening and speaking in daily life	JF	507	A2	Can give and / or receive instructions, and check in short simple terms while demonstrating the actions or showing diagrams, in order to do calisthenics for a stiff shoulder with a friend.	oral interaction
213	Living	Listening and speaking in daily life	JF	521	A2	Can ask a friend and / or answer questions about what kind of medicine one is taking, what kind of measures one is taking, etc. when one catches a cold.	oral interaction
214	Living	Listening and speaking in daily life	JF	491	A2	Can talk in short simple terms about the seasons one likes and reasons why when chatting with a friend.	oral interaction
215	Living	Listening and speaking in daily life	JF	524	A2	Can ask and / or answer a friend in short simple terms about changes in the season in one another's countries including simple information, such as the temperature, weather, etc.	oral interaction
216	Living	Listening and speaking in daily life			A2	Can ask friends questions and/or answer questions from them in short simple terms about news, such as disasters.	oral interaction
217	Living	Listening and speaking in daily life			A2	Can explain one's situation to a friend in short simple terms and ask him/her to go with one to help with, for example, taking office procedures at public institutions or opening a bank account.	oral interaction
218	Living	Listening and speaking in daily life			A2	Can explain one's situation to a friend in short simple terms and ask him/her to check the Japanese language of such as applications and e-mails one wrote.	oral interaction
219	Living	Listening and speaking in daily life	(JF)	525	A2	Can comment and/or ask and/or answer questions in short simple terms with a friend about what is difficult about the Japanese language and the reason, etc.	oral interaction
220	Living	Listening and speaking in daily life	(JF)	381	A2	Can ask for and/or give simple information to a friend about, for example, local Japanese language classes, such as its location, time schedule, and tuition fees.	oral interaction
221	Living	Listening and speaking in daily life	(JF)	494	A2	Can tell anecdotes in short simple terms, such as "I bought this at ..." and "I was given this for my birthday" when praised by a friend about one's clothes, belongings, etc.	oral interaction
222	Living	Listening and speaking in daily life	JF	495	A2	Can say thanks in short simple terms that includes one's feelings, such as "What a lovely.... I'm going to treasure it forever", when one receives a gift from a friend.	oral interaction
223	Living	Listening and speaking in daily life	(JF)	253	A2	Can discuss in short simple terms with friends what to buy, how much to spend, etc. to buy, for example, a gift or present for someone.	oral interaction
224	Living	Listening and speaking in daily life			A2	Can tell a friend in short simple terms about what it is, how to use it, etc. when one gives a gift or souvenir to him/her.	oral interaction
225	Living	Listening and speaking in daily life	JF	554	A2	Can tell a friend or ask questions in short simple terms about recent news, such as another friend getting married or getting a new job.	oral interaction
226	Living	Listening and speaking in daily life			A2	Can ask friends questions and get simple information about what kind of present and how much present one should give other friends to congratulate, for example, their wedding or the birth of their baby.	oral interaction
227	Living	Listening and speaking in daily life			A2	Can ask friends questions and get simple information from them about what to wear and what to be careful of when one attends formal events, such as ceremonial occasions and job interviews.	oral interaction
228	Living	Listening and speaking in daily life	JF	526	A2	Can ask a friend questions and / or answer questions about simple information, such as what one is going to do and what one is going to eat during a special holiday, for example, New Year.	oral interaction
229	Living	Listening and speaking in daily life	JF	516	A2	Can ask one's friend questions and / or answer questions about simple information regarding someone who is famous in one's country or around the world, such as what kind of person he / she is and what he / she did.	oral interaction
230	Living	Listening and speaking in daily life			A2	Can comment, ask, and/or answer questions in short simple terms in a conversation with friends about differences between Japanese and their countries' customs.	oral interaction
231	Living	Listening and speaking in daily life	JF	384	A2	Can ask for and / or give simple information to a friend about the culture and customs of one another's countries or regions, such as how to greet people and meal etiquette.	oral interaction
232	Living	Listening and speaking in daily life	JF	254	A2	Can comment, and ask or answer questions in short simple terms to friends about, for example, one another's intercultural experiences.	oral interaction
233	Living	Listening and speaking in daily life			A2	Can tell new neighbors about one's personal information in short simple terms, for example, where one works and where one's family lives, when one greets them after one moves to a new place.	oral interaction
234	Living	Listening and speaking in daily life			A2	Can tell, for example, the apartment manager in short simple terms that, for example, "The door does not close" or "The light does not work" when something goes wrong with one's house.	oral interaction
235	Living	Listening and speaking in daily life			A2	Can ask questions to neighbors and/or answer their questions in short simple terms about how to dispose of and categorize garbage.	oral interaction
236	Living	Listening and speaking in daily life			A2	Can ask questions to neighbors about the contents of notices posted on the bulletin boards of an apartment or flat (e.g. elevator inspection) and get simple information, such as what happens and when and where.	oral interaction
237	Living	Listening and speaking in daily life	JF	462	A2	Can talk to a friend in short simple terms about an interest, sport, etc., for example, why one started doing it and what one has become able to do since starting it.	oral production
238	Living	Listening and speaking in daily life	JF	466	A2	Can talk in short simple terms about things one cannot eat and reasons why, when one has a meal in a restaurant, etc. with a friend.	oral production
239	Living	Listening and speaking in daily life	JF	015	A2	Can talk in short simple terms to a friend about how one stays healthy, such as by jogging in the mornings.	oral production
240	Living	Listening and speaking in daily life	JF	017	A2	Can explain in short simple terms a recipe, for example, to a friend while indicating with gestures and illustrations.	oral production

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241	Living	Listening and speaking in daily life	JF	011	A2	Can explain in short simple terms the characteristics of a familiar game, such as a sport, to a friend while indicating with gestures and illustrations.	oral production
242	Living	Listening and speaking in daily life	(JF)	016	A2	Can talk in short simple terms to a friend about something one just bought, such as a smartphone.	oral production
243	Living	Listening and speaking in daily life	JF	013	A2	Can talk in short simple terms to a friend about places one visited and events that occurred during a vacation etc., while giving the friend a souvenir.	oral production
244	Living	Listening and speaking in daily life	JF	461	A2	Can talk to a friend in short simple terms about a famous person one likes, for example, why one first liked him / her and what one likes about him / her.	oral production
245	Living	Listening and speaking in daily life	JF	465	A2	Can talk to a friend in short simple terms about what kind of things one did, what one saw, etc., including one's impressions.	oral production
246	Living	Listening and speaking in daily life	(JF)	014	A2	Can tell in short simple terms to a friend about the location, famous sights, local specialties, etc. of one's hometown or familiar places.	oral production
247	Living	Listening and speaking in daily life	JF	467	A2	Can tell a friend in short simple terms about, for example, what languages one has studied and when, when talking about one's experience of learning foreign languages.	oral production
248	Living	Listening and speaking in daily life	JF	020	A2	Can talk in short simple terms to a friend about events relating to intercultural experiences.	oral production
249	Living	Reading and writing in daily life	JF	129	A1	Can read and understand simple fixed phrases such as "Happy New Year" "Happy Birthday" written on new year's greeting or birthday cards from a friend.	reading comprehension
250	Living	Reading and writing in daily life	(JF)	128	A1	Can read posts on SNS written by a friend in short simple sentences and understand where he/she went, what he/she did, etc. with, for example, photos posted.	reading comprehension
251	Living	Reading and writing in daily life	JF	446	A1	Can write simple and fixed messages such as "Happy New Year" "Happy Birthday" on new year's greeting or birthday cards to a friend.	written interaction
252	Living	Reading and writing in daily life			A1	Can write very short simple messages to a friend whom one went out with, such as "I arrived at home" and "I had a good time today."	written interaction
253	Living	Reading and writing in daily life	JF	445	A1	Can write simple and fixed messages such as "thank you for your kindness" "thank you" on a card to thank someone for their help or hospitality.	written interaction
254	Living	Reading and writing in daily life			A1	Can write an e-mail in short simple sentences, such as "Thank you for the other day," to the person to whom one owes appreciation, if one can refer to model sentences.	written interaction
255	Living	Reading and writing in daily life			A1	Can look at and understand very simple displays, "Power," "On," "Off," etc. on everyday devices, such as washing machines, rice cookers, and remote controls.	reading comprehension
256	Living	Reading and writing in daily life			A1	Can look at applications or websites on weather to find very basic information, such as weather and the chance of rain in one's area.	reading comprehension
257	Living	Reading and writing in daily life	JF	170	A1	Can look at the list of ingredients on a recipe and understand what is needed and how much, if one can use a dictionary.	reading comprehension
258	Living	Reading and writing in daily life			A1	Can read postcards sent from, for example, a government office noticing such information as medical checkups and find very basic information, such as the date, time, and place.	reading comprehension
259	Living	Reading and writing in daily life			A1	Can write short simple sentences on SNS or one's blog about what one did the day, such as where one went and what one did.	written production
260	Living	Reading and writing in daily life			A2	Can read simple illustrated instructions of, for example, frozen or instant foods to understand how to cook them.	reading comprehension
261	Living	Reading and writing in daily life	JF	137	A2	Can look at short simple texts on, for example, a sign at a garbage collection site, and find the necessary information such as what day of the week one can dispose of a certain kind of garbage.	reading comprehension
262	Living	Reading and writing in daily life			A2	Can read notices on bulletin boards in one's area or circular community bulletin boards, notices from apartment managers, etc. to understand some pieces of information, such as what happens, and when and where (e.g. water pipe work of an apartment) if the notices are written in short simple sentences.	reading comprehension
263	Living	Reading and writing in daily life	JF	138	A2	Can look at short simple texts in, for example, a help-wanted ad on a store window, and find the necessary information such as work hours and pay.	reading comprehension
264	Living	Reading and writing in daily life			A2	Can read short simple texts on the delivery notice of a mail or express package to find the necessary information, such as the phone number, URL, and period of redelivery.	reading comprehension
265	Living	Reading and writing in daily life	JF	480	A2	Can read short simple explanations introducing, for example, electrical goods on an online shopping website and understand some simple information, such as functions and size.	reading comprehension
266	Living	Reading and writing in daily life	JF	159	A2	Can read short simple newspaper articles or other pieces of writing about a favorite sport and understand some pieces of information such as the outcome of a game and a favorite player's performance.	reading comprehension
267	Living	Reading and writing in daily life			A2	Can browse a TV program listing to find the necessary information, such as when and on which channels one's favorite shows go on air.	reading comprehension
268	Living	Reading and writing in daily life			A2	Can look at the search results of websites or applications and find the necessary information, for example, weather forecasts and route searches.	reading comprehension
269	Living	Reading and writing in daily life			A2	Can read short simple descriptions on, for example, the websites of travel agencies to understand some pieces of information, such as the destination, fare, itinerary, and time schedule of a group tour.	reading comprehension
270	Living	Reading and writing in daily life	JF	139	A2	Can look at short simple texts in, for example, a travel brochure or guide book, and find the necessary information such as facts about the major sights and stores.	reading comprehension

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271	Living	Reading and writing in daily life	(JF)	474	A2	Can read and get a general idea of a short simple message indicating that a friend will be late to the meeting place.	reading comprehension
272	Living	Reading and writing in daily life	JF	125	A2	Can read a letter or e-mail of thanks from a friend written in short, simple sentences, and get a general idea of the content.	reading comprehension
273	Living	Reading and writing in daily life	JF	542	A2	Can read a short simple blog about, for example, foreign language study, and understand pieces of some information, such as effective methods of study, recommended learning materials, etc.	reading comprehension
274	Living	Reading and writing in daily life	JF	541	A2	Can read a short simple blog about housing, eating habits, etc., and understand pieces of some information, such as people's preferences and reasons for these.	reading comprehension
275	Living	Reading and writing in daily life	(JF)	124	A2	Can read short simple sentences posted on SNS by a friend about, for example, what happened during his/her daily life, and get a general idea of the content.	reading comprehension
276	Living	Reading and writing in daily life	(JF)	165	A2	Can read short simple articles on the I internet about a local event one participated in, etc. and understand some pieces of information such as the turnout and descriptions of the day.	reading comprehension
277	Living	Reading and writing in daily life			A2	Can read reviews on, for example, travel sites and more or less understand the contents if they are written in short simple sentences.	reading comprehension
278	Living	Reading and writing in daily life			A2	Can write a message in short simple sentences to a friend one has promised to meet to let him/her know that one is going to be late.	written interaction
279	Living	Reading and writing in daily life			A2	Can exchange messages in short simple sentences with friends who one has promised to meet to decide, for example, when and where they will meet.	written interaction
280	Living	Reading and writing in daily life			A2	Can choose the desired menu and enter information, such as one's name, phone number, desired date and time when booking, for example, a beauty salon on the web.	written interaction
281	Living	Reading and writing in daily life	(JF)	441	A2	Can write a message in short simple sentences to a friend about places where one visited while traveling, daily happenings, etc.	written interaction
282	Living	Reading and writing in daily life			A2	Can write comments, questions, etc. responding to postings on SNS, such as one's friend's daily activities in short simple sentences.	written interaction
283	Living	Reading and writing in daily life	JF	442	A2	Can write in short simple sentences a letter, e-mail, etc. to thank someone for their help or hospitality.	written interaction
284	Living	Reading and writing in daily life			A2	Can write letters or e-mails in short simple sentences to people to whom one owes appreciation about how one and/or people close to one is/are doing recently.	written interaction
285	Living	Reading and writing in daily life			A2	Can write in short simple sentences one's impressions of, for example, hotels and sightseeing spots one visited on SNS or one's blog.	written production
286	Living	Reading and writing in daily life	JF	072	A2	Can write in short simple sentences a blog entry or a similar piece of writing about one's impressions of something one just bought, such as a digital camera.	written production
287	Living	Reading and writing in daily life	(JF)	075	A2	Can write in short simple sentences on SNS or in one's blog about, for example, discoveries and mistakes made in one's daily life.	written production
288	Living	Reading and writing in daily life			A2	Can write comments on SNS or one's blog in short simple sentences about, for example, events one participated in, for example, what one did and how it was.	written production
289	Living	Watching TV or listening to the radio			A2	Can understand the necessary information, such as weather and the chance of rain in one's area, by watching weather forecasts on TV.	listening comprehension
290	Living	Watching TV or listening to the radio			A2	Can understand that there is a delay or suspension of trains by watching traffic information on television.	listening comprehension
291	Living	Watching TV or listening to the radio	JF	187	A2	Can watch television news or other media about a favorite sport and get a general idea of the content, such as the outcome of a game and a favorite player's performance.	listening comprehension
292	Living	Watching TV or listening to the radio	JF	189	A2	Can watch television news or other media about diseases currently going around, such as the flu, and get a general idea of the content, such as the name of the disease and current situation.	listening comprehension
293	Living	Watching TV or listening to the radio			A2	Can watch television news about typhoons, earthquakes, and tsunamis to get a general idea of when, where, what, etc. when the visuals support the commentary.	listening comprehension
294	Living	Watching TV or listening to the radio	JF	188	A2	Can watch a television program introducing a sightseeing area, for example, and get a general idea of the content, such as famous sights, local specialties, etc.	listening comprehension
295	Living	Watching TV or listening to the radio	JF	115	A2	Can listen on the radio simple information about one's town or a nearby town, and understand some pieces of information such as when and where a festival will take place, if the speech is slow and clear.	listening comprehension
296	Living	Watching TV or listening to the radio	JF	116	A2	Can listen on the radio a short letter from a listener describing the listener's daily life, and understand some pieces of information such as what happened, if the speech is slow and clear.	listening comprehension
297	Living	Keeping a conversation going			A1	Can ask and/or answer in short simple terms such as "Do you speak ...?" or "Do you understand ... language?" when one has difficulty in communicating, etc.	oral interaction
298	Living	Keeping a conversation going			A1	Can ask about the name of a thing when one does not know how to say it in Japanese, such as "What is it in Japanese?" while pointing at it, and understand the answer if the speech is slow and clear.	oral interaction
299	Living	Keeping a conversation going			A1	Can tell others that one does not understand what they are saying, such as "I don't understand" or "Could you say that again?"	oral interaction
300	Living	Keeping a conversation going			A2	Can ask about words one does not know in a conversation, such as "What is ...?" and understand the answer if they are translated into short simple words.	oral interaction

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301	Living	Preparing for or handling emergencies			A1	Can read and understand very short notices at evacuation sites, such as "This is a shelter" or "Evacuation site" in such local schools and public facilities.	reading comprehension
302	Living	Preparing for or handling emergencies			A2	Can read, for example, disaster prevention brochures for non-Japanese issued by such entities as local governments to get some pieces of information, such as the location of evacuation sites and what one should prepare.	reading comprehension
303	Living	Preparing for or handling emergencies			A2	Can listen to simple instructions about disaster prevention in one's area if the speech is slow and clear, and understand, for example, evacuation sites and precautions for evacuation in reference to illustrations and photos, such as in brochures.	listening comprehension
304	Living	Preparing for or handling emergencies			A2	Can look at an earthquake early warning website to find the scale of earthquakes and seismic intensity in one's area with, for example, maps or information on seismic intensity.	reading comprehension
305	Living	Preparing for or handling emergencies			A2	Can listen to emergency announcements in case of a disaster and understand the necessity of evacuation and where to evacuate if the speech is slow and clear.	listening comprehension
306	Living	Preparing for or handling emergencies			A2	Can ask a nearby person about the direction and location of an evacuation site when evacuating from disasters, such as an earthquake or flood and understand short simple answers if he/she talks slowly and clearly.	oral interaction
307	Living	Preparing for or handling emergencies	(JF)	282	A2	Can make confirmations and/or give and/or take directions in short simple terms in order to work with other group members at, for example, a hands-on workshop on disasters.	oral interaction
308	Working	Listening and speaking at work			A1	Can listen to and understand very simple instructions about, for example, a locker room and a room for lunch on the first day of work, if one is taken to such places for instruction.	listening comprehension
309	Working	Listening and speaking at work			A1	Can listen to and understand very simple instructions from one's superior about working hours, breaks at work, etc., for example, "We work from 9 a.m." and "Lunch break is from 12 to 1 p.m." if he/she talks slowly and clearly.	listening comprehension
310	Working	Listening and speaking at work			A1	Can listen to and understand simple announcements at work about, for example, calling for someone and closing time.	listening comprehension
311	Working	Listening and speaking at work			A1	Can say one's name, hometown, etc. in simple terms when one introduces oneself in front of people one meets for the first time, at, for example, a morning assembly on the first day of work.	oral production
312	Working	Listening and speaking at work			A1	Can reply "Here" after one's name is called, and/or say, for example, "He/she is off today" after the name of a colleague on vacation is called, when taking the roll call at the office.	oral interaction
313	Working	Listening and speaking at work	(JF)	287	A1	Can point at what one wants to borrow or use, such as a pen and scissors, at work and ask a colleague in short simple terms, "Is it okay if I borrow this?" or "Could you lend me this?" etc.	oral interaction
314	Working	Listening and speaking at work	JF	288	A1	Can give instructions in short simple terms such as "Could you come here a moment?" and "Can you look at this?", and respond to instructions one is given if spoken to slowly and clearly, while working in a factory or office.	oral interaction
315	Working	Listening and speaking at work	JF	286	A1	Can ask for in short, simple terms, and, if the speech is slow and clear, listen to and understand very simple instructions on specific and basic office work at one's workplace, such as making copies.	oral interaction
316	Working	Listening and speaking at work	(JF)	290	A1	Can check in short simple terms how many items one should prepare, for example, "Three toners, right?" when asked to restock office supplies at work.	oral interaction
317	Working	Listening and speaking at work			A1	Can give instructions, such as at work, in short simple terms about where to put materials, tools, etc. for cleaning up after work, and/or respond to such instructions if the speech is slow and clear.	oral interaction
318	Working	Listening and speaking at work	JF	285	A1	Can say in short, simple terms such as "please help me" "I need help" when one needs help from others when moving something heavy, for example, or respond to such requests if the speech is slow and clear.	oral interaction
319	Working	Listening and speaking at work			A1	Can tell one's superior in short simple terms, such as "I have just finished my work," when one finished the work one is responsible for.	oral interaction
320	Working	Listening and speaking at work			A1	Can ask if a seat is available and/or answer such questions in short simple terms, such as at an employee cafeteria, for example, "Can I take this seat?" and "Is this seat taken?"	oral interaction
321	Working	Listening and speaking at work	(JF)	292	A1	Can ask in short simple terms "Pass the soy sauce," etc. when having a meal at, for example, an employee cafeteria, and/or respond to such requests if the speech is slow and clear.	oral interaction
322	Working	Listening and speaking at work			A1	Can exchange basic greetings, such as "I'm leaving for today," and "Have a good evening" when leaving office.	oral interaction
323	Working	Listening and speaking at work	JF	398	A1	Can ask or tell someone at one's workplace where a colleague away from his/her desk is at that moment.	oral interaction
324	Working	Listening and speaking at work	(JF)	403	A1	Can tell one's superior or a colleague "My stomach hurts," "I feel sick," etc. in short simple terms when one is not feeling well at work.	oral interaction
325	Working	Listening and speaking at work			A1	Can thank one's superior or colleagues and/or tell them one's sorry in short simple terms after taking off from work.	oral interaction
326	Working	Listening and speaking at work			A1	Can tell one's superior that one's colleague is absent from work in short simple terms.	oral interaction
327	Working	Listening and speaking at work			A1	Can ask colleagues, such as at work, in short simple terms if they go for lunch with one and/or answer such offer.	oral interaction
328	Working	Listening and speaking at work			A1	Can ask a new colleague in simple terms if he/she is getting used to his/her new life or work, and/or answer questions from him/her.	oral interaction
329	Working	Listening and speaking at work			A1	Can understand what, for example, a colleague at work says when he/she introduces his/her family to one, such as "She is my wife" and "He is my son."	listening comprehension
330	Working	Listening and speaking at work			A1	Can exchange basic greetings with, for example, colleagues at the end of a year and/or the beginning of a year, such as "Have a great year" and "Happy new year."	oral interaction

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331	Working	Listening and speaking at work			A1	Can say congratulatory words, such as "Congratulations on your marriage," "I wish you much happiness," to, for example, colleagues who have gotten married.	oral interaction
332	Working	Listening and speaking at work	(JF)	217	A1	Can ask and/or answer questions from colleagues about food preferences in simple terms, such as "Do you like sushi?" and "Yes, I do" at, for example, a welcome party or meet-up at work.	oral interaction
333	Working	Listening and speaking at work			A1	Can ask colleagues and/or participants at, for example, farewell parties or meetups at work in simple terms, such as "What would you like to drink?" and/or answer such questions from them such as "Juice, please."	oral interaction
334	Working	Listening and speaking at work			A1	Can ask colleagues in short simple terms if they will attend events at work, such as a year-end party, and/or answer such questions.	oral interaction
335	Working	Listening and speaking at work	(JF)	059	A1	Can make a toast or wrap up a party with short simple fixed phrases one has memorized for such occasions as a wrap-up party or an end-of-year party at work.	oral production
336	Working	Listening and speaking at work	JF	057	A1	Can say words of gratitude with simple fixed phrases such as "thank you for your kindness" in front of those present at one's farewell party held before one's transfer, retirement, etc.	oral production
337	Working	Listening and speaking at work	JF	426	A2	Can answer in short simple terms simple questions about one's work history, work requirements etc., at a job interview, for example, if one can occasionally ask for repetition or explanation.	oral interaction
338	Working	Listening and speaking at work			A2	Can explain in short simple terms the time and place of praying, what one needs, etc. to, for example, one's superior, such as on the first day of work.	oral production
339	Working	Listening and speaking at work	(JF)	458	A2	Can explain in short simple terms the meaning and origin of one's name, etc. when one introduces oneself at, for example, a welcome party.	oral production
340	Working	Listening and speaking at work	(JF)	459	A2	Can tell people in short simple terms about one's interests and things one has done recently when one introduces oneself at, for example, a welcome party.	oral production
341	Working	Listening and speaking at work			A2	Can talk in short simple terms about one's past work experiences, ambitions, etc. when introducing oneself in front of colleagues one met for the first time, such as at a morning assembly on the first day of work.	oral production
342	Working	Listening and speaking at work			A2	Can listen to and understand the instruction of how to use simple machines, such as copiers, while actually looking at the operation at work.	listening comprehension
343	Working	Listening and speaking at work			A2	Can make confirmations and/or receive instructions about the contents of the day's work in short simple terms, such as at the morning assembly at work.	oral interaction
344	Working	Listening and speaking at work			A2	Can ask questions to colleagues about something in short simple terms such as one sees for the first time and/or one does not know the usage and/or answer questions from them at work.	oral interaction
345	Working	Listening and speaking at work	(JF)	330	A2	Can ask questions in short simple terms to an office worker at work about, for example, when and where papers should be submitted, and understand a few simple answers.	oral interaction
346	Working	Listening and speaking at work	JF	509	A2	Can warn one's colleagues in short simple terms or respond when one is warned about inappropriate behaviour, such as forgetting to switch off the electricity and wasting paper at the workplace.	oral interaction
347	Working	Listening and speaking at work			A2	Can make confirmations, give, and/or receive instructions in short simple terms about how to restock office supplies at work while showing or watching how to do it.	oral interaction
348	Working	Listening and speaking at work			A2	Can ask for confirmation about the status of work and respond to such requests when asked while at work.	oral interaction
349	Working	Listening and speaking at work			A2	Can tell one's superior one's situation in short simple terms to seek his/her response in the event of something unexpected, such as a machine problem.	oral interaction
350	Working	Listening and speaking at work			A2	Can tell one's superior, colleagues nearby, etc. in short simple terms where one is going to go, about when one will get back, etc. when one leaves one's position at work.	oral interaction
351	Working	Listening and speaking at work			A2	Can answer simple questions in short simple terms, such as whether one has related experience with work when receiving explanations on how to do the work, if one can sometimes ask for a repetition or an explanation.	oral interaction
352	Working	Listening and speaking at work			A2	Can ask and/or answer questions to identify a person who is not present there about his/her appearance, impression, etc. in short simple terms at places, such as one's office.	oral interaction
353	Working	Listening and speaking at work	JF	266	A2	Can answer simple questions aimed directly at oneself about the current situation, plans, etc. of one's assignment, and express one's thoughts or agreement with help from others during a regular meeting at one's workplace.	oral interaction
354	Working	Listening and speaking at work	JF	517	A2	Can ask colleagues questions and / or answer questions about simple information regarding an event at one's workplace, such as the meeting place, time, etc.	oral interaction
355	Working	Listening and speaking at work	(JF)	267	A2	Can answer simple questions aimed directly at oneself about the good or bad points, for example, in a debriefing meeting at work after an assigned task.	oral interaction
356	Working	Listening and speaking at work			A2	Can understand the name of the person talking on the phone and who he/she wants to speak to when one receives an extension call at work if one knows their names.	oral interaction
357	Working	Listening and speaking at work			A2	Can call, for example, one's office to ask someone to relay a message in short simple terms, such as being absent or late.	oral interaction
358	Working	Listening and speaking at work			A2	Can tell one's situation to one's superior in short simple terms in advance to get a day off.	oral interaction
359	Working	Listening and speaking at work			A2	Can call one's company to explain one's situation in short simple terms when one cannot go to work due to, for example, poor health or when one is going to be late, such as due to a train delay.	oral interaction
360	Working	Listening and speaking at work			A2	Can talk to colleagues having lunch in short simple terms at, for example, an employee lounge, for example, "It looks delicious." and "What is it?"	oral interaction

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361	Working	Listening and speaking at work	(JF)	490	A2	Can respond and/or refuse with a comment in short simple terms when offered food, drink, etc., for example, during break time at work.	oral interaction
362	Working	Listening and speaking at work	(JF)	204	A2	Can give basic greetings to colleagues one meets, for example, in an elevator at work and talk in short simple terms about one's recent news.	oral interaction
363	Working	Listening and speaking at work	(JF)	497	A2	Can talk in short simple terms to colleagues about what one did during vacation, how it was, etc. after one's summer vacation, the New Year holidays, etc.	oral interaction
364	Working	Listening and speaking at work			A2	Can comment, and ask or answer questions in short simple terms to new colleagues about, for example, each other's country and one's hometown.	oral interaction
365	Working	Listening and speaking at work			A2	Can ask colleagues questions and answer questions, for example, about what they want to do in the future, what they want to do when they return to their country, etc. in short simple terms.	oral interaction
366	Working	Listening and speaking at work	(JF)	464	A2	Can introduce in short simple terms departments, facilities, staff, etc., when showing, for example, new employees around one's company.	oral production
367	Working	Reading and writing at work			A1	Can look at, for example, bulletin boards or schedules that are used daily at work to check what work one is in charge of, where one works on the day, etc.	reading comprehension
368	Working	Reading and writing at work	JF	127	A1	Can read and understand a short, simple note such as where someone is and when he/she will return, written on, for example, a message board at the workplace.	reading comprehension
369	Working	Reading and writing at work			A1	Can read the short simple introduction of staff members, such as on a bulletin board at work and understand very basic information, such as their names and hobbies.	reading comprehension
370	Working	Reading and writing at work	JF	126	A1	Can read and understand a short, simple note from a superior at work with instructions on making copies, such as "50 copies by 16:00."	reading comprehension
371	Working	Reading and writing at work			A1	Can look at, for example, the lists or order sheets of office supplies used daily at work to check whether the name and number are correct.	reading comprehension
372	Working	Reading and writing at work			A1	Can write very short simple memos, such as "Feel free to try some" and "This is from ..." to attach them to souvenirs or snacks for colleagues when one keeps them, such as in an employee lounge.	written interaction
373	Working	Reading and writing at work	(JF)	451	A1	Can write in short simple terms one's plans, for example, when one will take a day off and what one will do today, on, for example, a message board at work.	written interaction
374	Working	Reading and writing at work			A2	Can read short simple explanations, such as instructions and rules on a wall or door at work, and understand some pieces of information, such as prohibitions and precautions.	reading comprehension
375	Working	Reading and writing at work			A2	Can read such as safety rules posted at work and understand some pieces of information if they are written in short simple sentences.	reading comprehension
376	Working	Reading and writing at work			A2	Can read the introduction of staff members on, for example, a bulletin board at work and understand some pieces of information, such as their family, hobbies, dreams for the future, etc.	reading comprehension
377	Working	Reading and writing at work			A2	Can read short simple business e-mails, such as changing a meeting date and time and get a general idea of the content.	reading comprehension
378	Working	Reading and writing at work	(JF)	448	A2	Can write in short simple sentences one's wishes, impressions, etc. about such topics as the menu or the taste of food, on a form to put in a suggestion box found in, for example, an employee cafeteria.	written interaction
379	Working	Reading and writing at work	(JF)	528	A2	Can write in short simple sentences a message expressing congratulations, one's gratitude, etc. on, for example, a message card or a message board for a colleague who is going to get married or leave the office.	written interaction
380	Working	Reading and writing at work	JF	071	A2	Can write in short simple sentences a piece for an in-house newsletter, for example, introducing oneself with basic information such as family, jobs, hobbies, etc.	written production
381	Working	Preparing for or handling emergencies			A2	Can listen to and understand simple instructions from a leader or other people nearby in an emergency training at work if they talk slowly, clearly and simply.	listening comprehension